

NEW JERSEY ASSOCIATION OF COUNTY AND CITY HEALTH OFFICIALS

NJACCHO General Membership Meeting

FEBRUARY 9, 2023

9:30AM

Business Meeting Agenda

Agenda Item	Speaker		
Call to Order & Approval of Minutes (November 2022)	Chris Merkel		
OLPH Update	Shereen Semple and Jamie Weller		
President Report	Chris Merkel		
Treasurer Report	Margy Jahn		
Executive Director Report	Linda Brown		
Grant Updates	Adam Perper, Lisa Gulla, Sylvia Bookbinder		
PHACE Update	Kevin Sumner		
NACCHO Update	Margy Jahn		
Workgroup Updates	Chairs		
Hope for Health program	NJDHS and Grantees		
Health Officer Assessment results	Colleen McKay Wharton		
Open Forum			

Office of Local Public Health Update

SHEREEN SEMPLE

JAMIE WELLER

President Update

CHRIS MERKEL

Treasurer Update

MARGY JAHN

As of January 31, 2023

General	Checking	Grant C	hecking	Money	Market
Starting Balance	\$206,286.81	Starting Balance	\$17,029,240.53	Starting Balance	\$0.00
Deposits Deductions	\$ 28,831.50 \$ 5,037.61	Deposits Deductions	\$ 8,456,627.98 \$ 25,092,119.00	Deposits Deductions	\$ 25,004,906.84 \$ 0.00
Ending Balance	\$230,080.70	Ending Balance	\$393,749.51	Ending Balance	\$25,004,906.84

Executive Director Update

LINDA BROWN

Grant Updates

ADAM PERPER LISA GULLA SYLVIA BOOKBINDER

PHEP Coordinator Report

Quarterly Newsletter went out January 2023

- Any feedback is greatly appreciated
- Any topics or submission of articles can be directed to the PHEP Coordinator

Emergency Preparedness Committee

- Looking for additional members to join, please reach out to Dan Dan Regenye or myself
- Our next meeting is scheduled for March 2nd, 2023 @ 2pm

New Jersey Hospital Association / Healthcare Coalition will be rolling out Juvare/Web EOC in 2023

• Web based incident management platform

If I can assist in any way with your agency(s) please reach out and let me know

- Trainings
- Exercises
- Etc.

Contact Information

- phep@njaccho.org
- (908) 455-6883



NEW JERSEY ASSOCIATION OF COUNTY AND CITY HEALTH OFFICIALS

Strike Team Grant Updates

Lisa Harrison-Gulla Strategic Health Advisers

NJACCHO General Membership Update February 9, 2023

Progress to Date

01. PSAs

02. Trainings

15 LHDs 5 County (2 through MOA) 10 Municipal/Regional

4 Train the Trainer (TtT)
42 Individuals Trained
9 PFL Trainings to 72 Healthcare Professionals at LTCs/SNFs
Most focused on Respiratory Droplets/Source Control and
How staff can reduce health disparities within their facilities
Already exceeded DOH minimum grant requirements of 7 trainings per quarter

03. Highlight

Created a comprehensive spreadsheet that was developed and shared with all State grantees to help ensure collaboration in outreach to LTC/SNFs.

04. Results

TtT pre/post tests show a 24% increase in knowledge on average amongst participants

05. What's Next

Norovirus Advanced Level Training to be completed by end of month and at least one training on subject to be conducted by end of March

2 Hour advanced level training/TtT refresher for next quarter

Data analysis and results from grantees trainings

Social Media performance metrics

Social Media



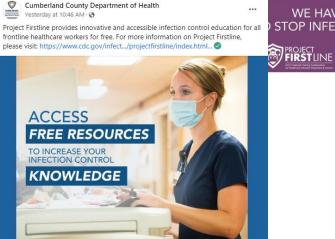


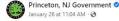
88

EVERY ACTION

EVERY DAY

200





Princeton Health Department is proud to be a partner of Project Firstline. Together,

we are providing engaging and effective infection control training for the frontline healthcare workforce. Learn more: cdc.gov/projectfirstline . CDC's Project Firstline #WeAreFirstline #InfectionControl #IPC



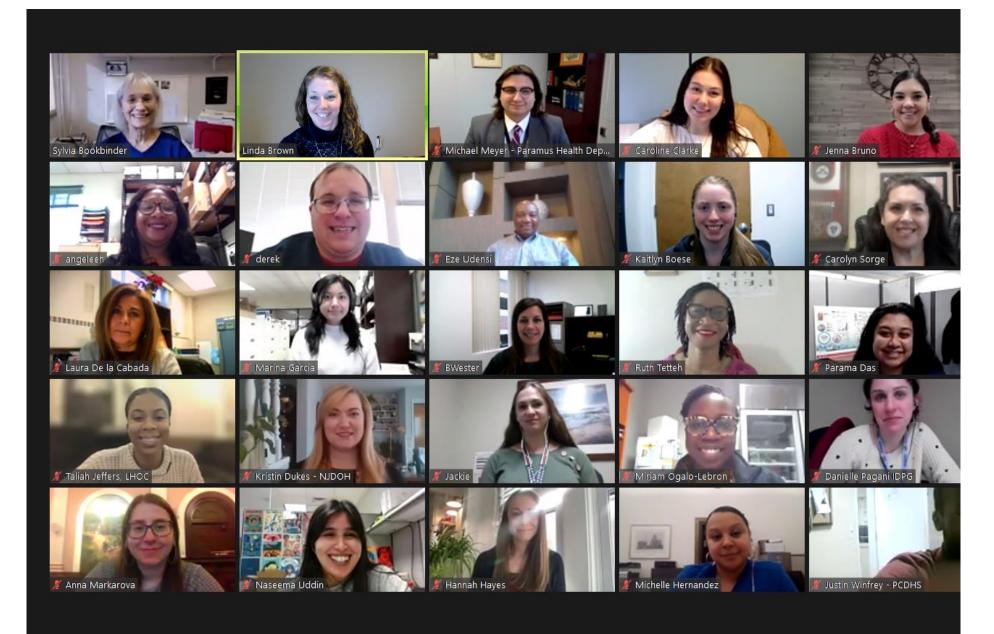
WE HAVE THE POWER STOP INFECTIONS, TOGETHER.

> 0 👽 🖲 Public Health



Project Firstline. When it comes to infection control best practices, it's important to stay updated on how to protect patients and yourself from the spread of germs. Through its library of online resources, Project Firstline makes it easy. Learn more: https://www.cdc.gov/infectioncontrol/projectfirstline/ or watch a brief video at: https://youtu.be/PUjZIV_Iw-I





New to Public Health (N2PH) Residency

N2PH Updates

Residents

Cohort has 25 Residents

Orientation Session – Jan. 10

Module 1 Session – Feb. 6

Next Steps:

- Continue monthly online modules
- Hold monthly live group discussions
- Connect with mentors

Mentors

Thank you for the engagement!

17 applications were received

10 mentors needed

Each mentor will be matched with 2-3 Residents

- Based on Resident preferences
- re: experience and expertise

Orientation – later this month

Workforce Development Updates

AAR – Support still available!

Upcoming Trainings:

- •2-Day Adaptive Leadership Program March 8 & 9
- •Dale Carnegie Northern Cohort starting March 14

•The PHACE of Public Health in New Jersey: A Collaborative Effort for Transformation – April 20

•Emergenetics

- Turtle Back Zoo May 3
- Rowan College at Burlington May 4

•Preaching what you Practice: Communication Strategies for Outbreaks – June 14

ELC Updates

92 Applications Received

As of 2/8/23

- Preliminary Program & Fiscal Reviews Complete
- 30 Active Modification Requests
- 8 Applicants 2nd Modifications forthcoming
- 11 Awards Issued \$3,864,519

Remaining Modification Requests expected by Monday

Reimbursement process to begin Late February for Awarded LHDs

More details and technical assistance coming soon

PHACE Updates

KEVIN SUMNER

NACCHO Updates

MARGY JAHN

Workgroup Updates

Committee Chairs

Awards – Megan Avallone

Bylaws – Kevin Sumner **Finance** – Marconi Gapas

Nominating – Stephanie Gorman

Workgroups Chairs

Advocacy Lynette Medeiros

Communicable Disease Megan Avallone & Sarah Perramant

Chronic Illness & Disease Patrick Anderson

Emergency Preparedness Dan Regenye

Environmental & Consumer Health Derrick Webb Maternal & Child Health Cynthia Weaver

Membership, Marketing and Fundraising Lisa Gulla & Maya Lordo

Program Chris Hellwig

Workforce Development Chris Hellwig

Hope for Health

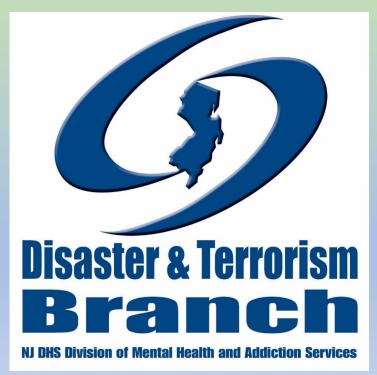
NJDHS AND GRANTEES



Disaster and Terrorism Branch

The Division of Mental Health and Addiction Services (DMHAS) within the New Jersey Department of Human Services (NJ DHS), houses a highly specialized mental health Disaster and Terrorism Branch (DTB). Through the DTB, basic and advanced training programs are offered for mental health professionals and paraprofessionals to help sustain an adequate disaster mental health workforce. Since the early 1990's, New Jersey has been a national leader in disaster mental health. Today, all 21 counties have viable disaster mental health plans and a team of trained disaster mental health responders.





A CDC NJ COVID Disparities Grant to Promote Resilience and Sustainability of the NJDOH Public Health Workforce as a Result of the Pandemic



Hope for Health Program Managers

Jaime Angelini – Northern Region Manager Jaimea@mhanj.org

Janis Mayer - Central Region Manager Janis.Mayer@rwjbh.org

Kathy Thomson - Southern Region Manager Kathy.Thomson@centerffs.org



Northern Grantee- Mental Health Association of NJ Psychiatric Hospitals/Counties/Local Health Departments

Central Grantee-RWJBH-Institute for Prevention and Recovery State DOH/County/Local Health Departments

Southern Grantee- Center for Family Services Psychiatric Hospitals/County/Local Health Departments



County/Local Health Department Regions

Northern Counties

Bergen, Essex, Hudson, Morris, Passaic, Sussex, Warren

Central Counties

Hunterdon, Mercer, Middlesex, Monmouth, Ocean, Somerset, Union

Southern Counties

Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Salem



Facts: Public Health Workers

- Stress and exhaustion related to the pandemic is complicated by other types of stress NOT experienced by the general public
- Ongoing stress can have long lasting severe effects on our health and overall wellness
- Burnout and Compassion Fatigue (Cost of Caring) are impacting health workers across the US



- Health Workers experience:
 - Fatigue
 - Sadness
 - Difficulty in balancing work and personal life

- Help health workers understand their current situation & reactions
- Reducing stress and providing emotional support
- Assisting in reviewing recovery options
- Promoting the use or development of coping strategies
- Connecting health workers to resources

Hope for Health

crisis counseling



- Strength based
- Anonymous
- Outreached Oriented
- Designed to strengthen Existing Community Support Systems

Hope for Health Services Provides:

- Better adjust to their new reality
- Mitigate stress
- Develop coping strategies
- If needed, find linkages to agencies, programs and other resources in their communities





- Emotional Support to Promote General Well Being
- Psychoeducation/Information on Pandemic Reactions and Coping Skills
- Virtual and/or In Person Services Offered



- Support Groups
- Webinars/Workshops
- Self Care Practices

Role of Crisis Counselor Strategies in Crisis Counseling

- Develop a safe caring non-judgemental relationship providing comfort and empathy
- Maintain compassionate presence
- Help people cope and restore baseline functioning
- Encourage acceptance of help/build on strengths
- Normalize people's reactions
- Acknowledge and validate feelings
- Alleviate distress through supportive listening
- Help them move toward healthiness



Weekly Virtual Support Groups

MONDAYS

Mindful Mondays

9:00am - 9:15am

Hosted by CFFS Click here to join Passcode: 460031

Breathing/Chair Yoga

11:30am - 12:00pm

Hosted by RWJBH Click here to join Meeting ID: 883 2621 9137 Passcode: Breathe

Let's Talk About Self-Care!

3:00pm - 3:30pm

Hosted by RWJBH Click here to join

Meeting ID: 828 8233 1960 Passcode: Breathe

WEDNESDAYS

Wellness Wednesdays

7:00pm - 7:30pm

Hosted by MHANJ Click here to join Meeting ID: 811 1379 1695 Passcode: 572828 Click the link under each group or enter the Meeting ID and passcode into Zoom to join!

THURSDAYS

Recharge and Reset

8:00am - 8:30am

Hosted by MHANJ Click here to join

Meeting ID: 891 2265 6697 Passcode: 245756

Stretching, Laughing & Relaxing with YogaJen

12:00pm - 12:30pm Hosted by MHANJ Click here to join

Thrive on Thursdays 6:00pm - 6:30pm

Hosted by MHANJ Click here to join

Meeting ID: 857 1180 8791 Passcode: 514609

Post-COVID Care: Long Haulers Support

6:00pm - 7:00pm Hosted by RWJBH Click here to join Meeting ID: 879 3246 1761 Passcode: Breathe FRIDAYS Let's Talk About Self-Care!

12:00pm - 12:30pm Hosted by RWJBH Click here to join Meeting ID: 857 0072 0368 Passcode: Breathe

Monday through Friday 8:50am -9:00am

Join RWJBarnabas Health Institute for Prevention and Recovery for a **10-minute** check-in, stretch and breathing session to jumpstart your day!



Click Here or Scan the QR Code Meeting ID: 873 2340 0940 Passcode: BREATHE +1 929 205 6099

SPECIAL WEBINAR JOURNEY TO WELLNESS PART 2 WEDNESDAY, FEBRUARY 15TH @ 7:00PM



Scan the QR code to register

The New Jersey Department of Health (NJ DOH) was awarded the CDC NJ COVID Disparities Grant to promote resilience and sustainability of the NJ DOH public health workforce as a result of the pandemic. DOH has awarded NJDHS funding for the Hope for Health project.

Hosted by RWJBH



The Road to Wellness Social Wellness Occupational Environmental Wellness Establishing a social Wellness Unplug and get outside connections map Finding a balance between Spiritual Wellness work and personal life Expressing gratitude and practicing meditation Intellectual Wellness Stimulating our minds through mental activities such as journaling Emotional Financial Wellness Wellness Mindful spending and Being aware of our stress levels Physical Wellness ways to save money and practicing grounding The importance of sleep hygiene Hope for



Start Your Morning Off Right: Self-Care Strategies to dotat Night

is a public education presentation through **Hope for Health** that provides practical strategies for developing habits that promote physical health and the maintainance of one's overall wellness. This webinar will discuss ways to incorporate self-care activities into your nighttime routine in order to feel rested and recharged for your day ahead!

Participants are provided with sleep

kits to help them relax and sleep tight!

Hope for

Health

NJ Health



Please join the RWJBH IFPR Hope for Health team for

JOURNEY TO WELLNESS Chapter 2 Wednesday, 2/15/23 @ 7 pm

Our Mental, Social and Physical Health combine to form our overall health. This interactive 1 hour zoom program will encourage participants to explore and develop strategies for finding a sense of balance and comfort in their life.

Click/scan to register



For further information, contact Tammy.Reynolds@rwjbh.org.







Health Officer Assessment

COLLEEN MCKAY WHARTON

NJ Licensed Health Officers Training Needs Assessment – Key Outcomes

RUTGERS

School of Public Health CENTER FOR PUBLIC HEALTH WORKFORCE DEVELOPMENT



region2 public health training center

n Partnership with the Public Health Learning Network

Colleen McKay Wharton Rutgers Center for Public Health Workforce Development Region II Public Health Training Center





COUNTY AND CITY HEALTH OFFICIALS

THANK YOU to the NJACCHO Workforce Development Committee that worked to review competencies, provide feedback and promote completion of the instrument!

A Reminder...

- Not at all confident
- Somewhat Confident
- Confident
- Very Confident

Public Health Core Competencies / de Beaumont's 'Strategic Skills'

Effective Communication	 Data-driven Decision Making 	 Justice, Equity, Diversity and Inclusion (JEDI)
 Resource Management 	 Cross-Sectoral Partnerships 	 Community Engagement
 Systems and Strategic Thinkin 	 Change Management 	 Policy Engagement

- Experiences thru the pandemic
- Other significant life events
- NJACCHO feedback

ALL RESPONDENTS (N=57–62)

Highlighting competencies where 35% or more indicated *Not at all Confident* or *Somewhat Confident*



Data-Based Decision Making

Encompasses collecting, interpreting, and leveraging data—including "big data"—to identify salient patterns, answer relevant questions, and make effective decisions.

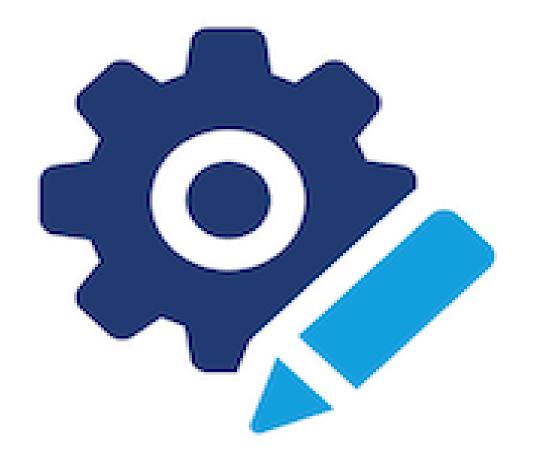
The insights generated during data analytics *translate into tangible, real-world change and lead to informed action*



% that is 'Not at all confident' or 'Somewhat confident' N=57-62

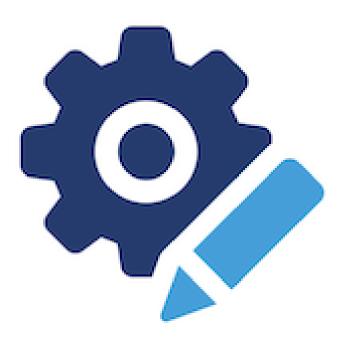
Data-Based Decision Making

- Prepares data for analysis (63%)
- Uses methods and tools for analyzing data (60%)
- Uses public health informatics methods and tools (46%)
- Determines limitations of evidence (40%)



Resource Management

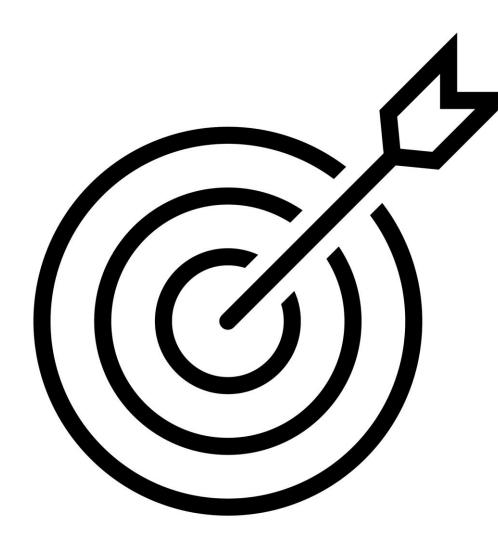
A process through which current and future resources (including finances, staff, individuals with technical or subject expertise, technology, equipment, etc) are strategically and efficiently allocated and deployed to achieve organizational and systems-level success and minimize waste.



% that is 'Not at all confident' or 'Somewhat confident' N=57-62

Resource Management

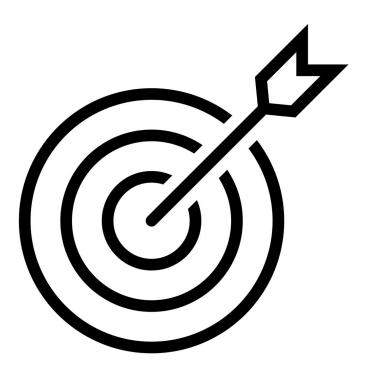
- Develops strategies to secure financial resources (42%)
- Explains public health and healthcare funding mechanisms and procedures (40%)
- Determines how financial resources are distributed (38%)



Change Management

A process to guide individuals, organizations, and systems through the transition from a current state to a desired future state, with an emphasis on learning and resiliency at all levels.

Public health professionals skilled in change management will be able to set an example, inspire a shared vision, challenge the status quo, manage uncertainty, and encourage strengthsbased action while navigating ongoing challenges to successfully realize needed change.



% that is 'Not at all confident' or 'Somewhat confident' N=57-62

Change Management

- Analyzes the comparability of existing data (42%)
- Identifies gaps in existing data (41%)
- Identifies internal and external facilitators impacting delivery of the 10 Essential Public Health Services (44%)
- Uses evaluation results to improve policies, programs, services, and organizational performance (35%)



Systems & Strategic Thinking

A holistic and dynamic understanding of interrelated complex structures—such as public health and health care—as well as the ability to recognize those systems' influences at multiple levels and use those insights to align resources to achieve goals.

It involves designing interventions that help people see the overall structures, patterns, and cycles in systems and allows for the identification of solutions that simultaneously leverage improvement throughout the system.



% that is 'Not at all confident' or 'Somewhat confident' N=57-62

Systems & Strategic Thinking

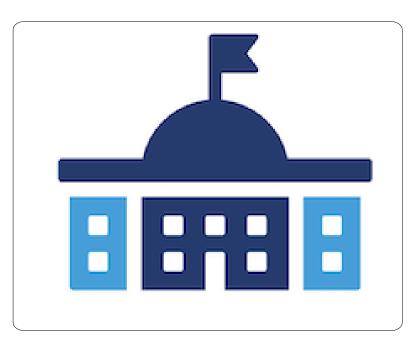
 Interacts with the larger interrelated system of organizations that influence the health of populations at local, national, and global levels (41%)



Policy Engagement

Involves working to inform, influence, implement, and evaluate legislation strategies at federal, state, and local levels in order to leverage long-lasting systems changes to protect and improve the public's health and well-being.





% that is 'Not at all confident' or 'Somewhat confident' N=57-62

Policy Engagement

- Explains the importance of public health informatics for designing, implementing, evaluating, and improving policies, programs, and services (41%)
- Implements evaluation methods and tools (37%)





Community Engagement

Refers to an authentic, mutually beneficial, collaborative process of working to address issues that affect the health and well-being of communities, which often involves prioritizing health equity.

Community engagement exists on a spectrum; involves equitable distribution of decision-making power and a focus on community partnering and collaboration; and is rooted in trust and respect.



% that is 'Not at all confident' or 'Somewhat confident' N=57-62

Community Engagement

 Ensures power and ownership are shared with community members and others (36%)

Data-Based Decision Making	Resource Management	Change Management	Systems & Strategic Thinking	Policy Engagement	Community Engagement
Uses methods and tools for analyzing data (60%)	Develops strategies to secure financial resources (42%) Explains public health and healthcare funding mechanisms and	Analyzes the comparability of existing data (42%) Identifies gaps in existing data (41%) Identifies internal and external facilitators impacting delivery of	Interacts with the larger interrelated system of organizations that influence the health of populations at local, national, and global levels (41%)	Explains the importance of public health informatics for designing, implementing, evaluating, and improving policies, programs, and services (41%)	Ensures power and ownership are shared with community members and others (36%)
health informatics methods and tools (46%)	procedures (40%) Determines how financial resources are distributed (38%)	the 10 Essential Public Health Services (44%) Uses evaluation results to improve policies, programs, services, and organizational		Implements evaluation methods and tools (37%)	

School of Lubile Fleature



Over the last three years, respondents 'often' or 'very frequently' felt....

OFTEN OR VERY FREQUENTLY

% of all respondents that indicate they OFTEN or VERY FREQUENTLY felt...

N=57 / 56

Bullied, threatened, or harassed because of your work from the public and/or family members?

41%

OFTEN OR VERY FREQUENTLY

% of all respondents that indicate they OFTEN or VERY FREQUENTLY felt... Bullied, threatened, or harassed because of your work from the public and/or family members?

Nervous, anxious or on edge?

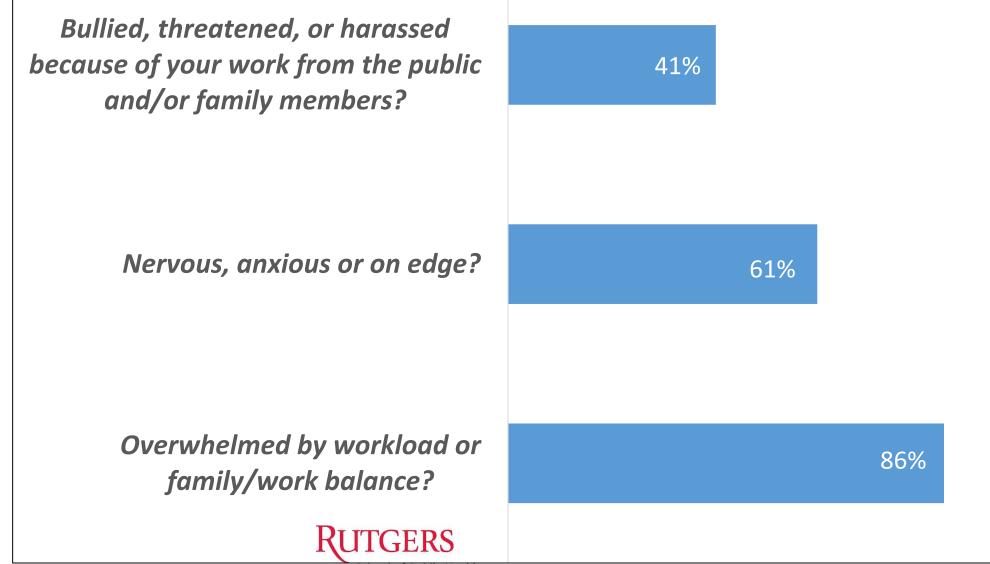
41% 61%

N=57 / 56

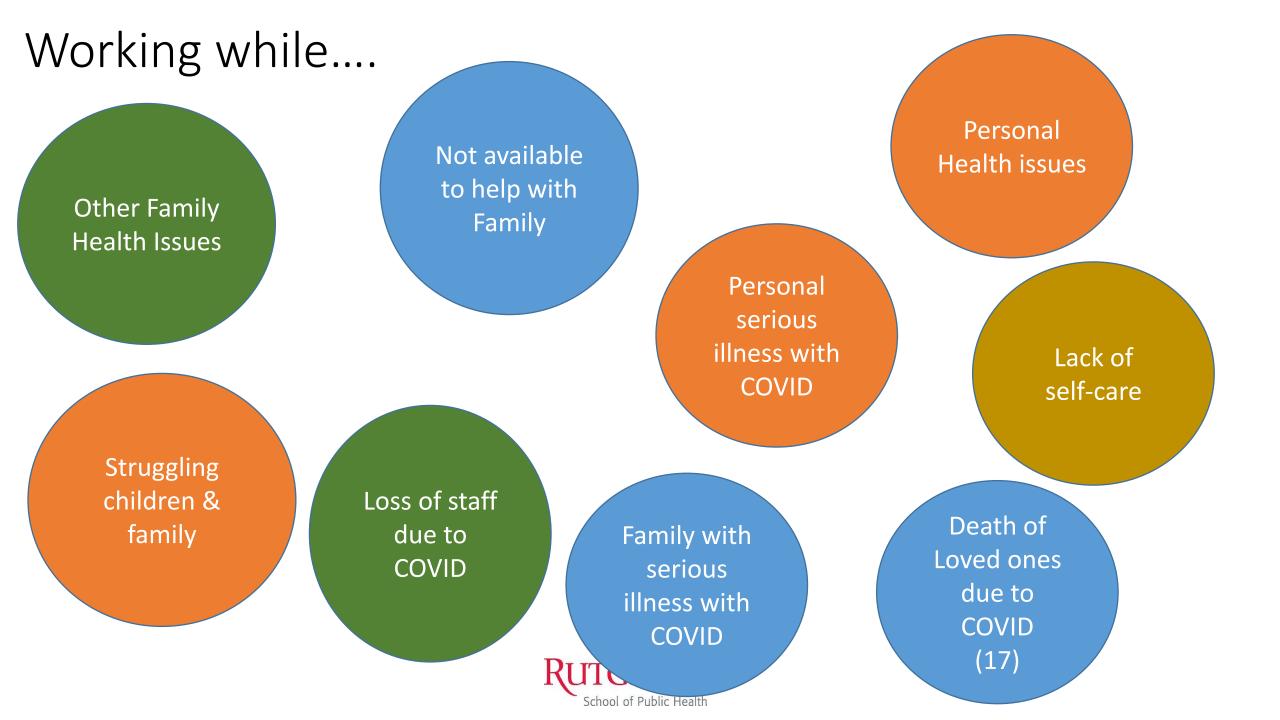
OFTEN OR VERY FREQUENTLY

% of all respondents that indicate they OFTEN or VERY FREQUENTLY felt...

N=57 / 56



School of Public Health



As a result of the pandemic, have you considered either retiring earlier than originally planned or leaving the public health field prematurely?

N=57

No, I have not changed my retirement plans nor do I plan to leave the field 49%

YES, I have considered retiring early or leaving the field 51%





% That Agree or Totally Agree that NJACCHO.. 100% 90% 80% 70% 60% 50% 40% 30% 20% 10%

..is an effective..supports my role as a..contributes to my..is effective in helping..provides an adequateadvocate for HealthHealth Officerworkforce developmentme to addressamount of networkingOfficers/LHDsOfficers/LHDsongoing/emergingopportunities

0%

A few comments...

As a new Health Officer, NJACCHO has been a great way to network, as well as for learning opportunities.

NJACCHO's programming sessions have allowed me the opportunity to be better versed in my position as a Health Officer so that I can more accurately defend my work to individuals in my workplace

Guest speakers and topics are very helpful and knowledgeable. They have helped with updating us, (H.Os) with new laws that will be going into place

NJACCHO's programming sessions have been timely, accurate and informative.

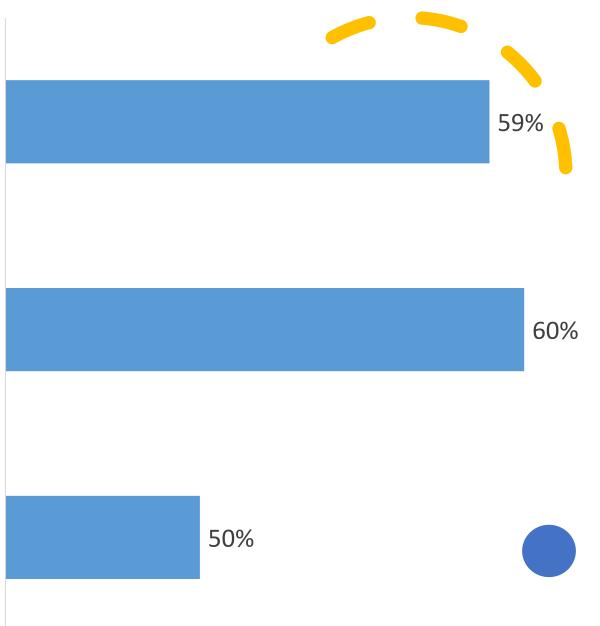
I feel that the organization tackles issues that on a local level I do not have time to address

Aided my professional development and gave a great opportunity to meet other Health Officers NJACCHO programming has provided great opportunities for networking with other LHDs/LINCS agencies, collaborating with NJDOH, and useful trainings % That Agree or Totally Agree with the Statement:

I find it easy to approach the Executive Committee if I want to raise an issue for NJACCHO to address

The Executive Committee keeps me informed of public health topics that are happening in the state

The Executive Committee is transparent with the organization's priorities





NJACCHO:

- Dig deeper into data and use to inform future programming – *Join us!*
- Partner with others to offer needed training and support to NJACCHO members & staff
- Specific upcoming initiatives

Rutgers / Region 2:

- Reflect priority areas in upcoming webinars
- Developing a CE initiative specific to strategic skills *for* all disciplines – stay tuned!
- Public Health Scholarship Available Now!



New Public Health Scholarship \$\$\$

- 50% off tuition for those currently working in public health or from underrepresented / disadvantaged group
- Can apply for Summer 2023 or Fall 2024
- For MPH program OR Population Health Certificate
- **FUNDED BY HRSA**

Scholarships



For MPH Degree (any concentration) or Certificate in Population Health

Who's Eligible?

- Accepted students at the Rutgers School of Public Health
- New Jersey residents
 -AND-
- Currently working in public health -or- from an underrepresented group







Rutgers Public Health Scholarship

• Consider employees who may have been thinking about grad school!



https://go.rutgers.edu/SPH Scholarship



Thankyoy De Beaumont Strategic Skills https://debeaumont.org/strategic-skills/

Colleen McKay Wharton c.mckaywharton@Rutgers.edu

Want to join Workforce Development Committee at NJACCHO? Chris Hellwig – Chair Workforce Development Committee <u>chellwig@hamiltonnj.com</u>

Open Forum

New Membership Forums

Small/Rural - This forum will consist of and focus on the needs of small health departments and health departments serving rural communities. Small may be defined by population served and/or extent of health department resources (staff, budget, etc.)

Medium - This forum will consist of medium sized health departments, defined by population served and/or extent of health department resources (staff, budget, etc.)

Large/County/LINCS - This forum will consist of and focus on the needs of local health departments serving large County communities, LINCS agencies, and local health departments serving other large populations.

NJACCHO is looking for Health Officers/members to be available to serve as subject matter experts and to speak *on behalf of the association* when media organizations reach out for comments.

Please complete the survey, if interested.

Advocacy Day

February 27 10:00 – 4:00pm Trenton – Statehouse

Sign up if you plan to join

All PHACE Organizations have been invited to participate

Thank you!

NEXT MEETING: APRIL 13

REGISTER FOR TRAININGS/MEETINGS ONLINE: WWW.NJACCHO.ORG